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Breakfast Fajita's

- 5 Egg Whites
- 2 oz. Cheddar Cheese (Low Fat Shredded)
- 2 Whole Wheat Tortillas

Beat egg whites with a fork. In a non-stick skillet sprayed with cooking spray cook eggs on medium heat. Turn eggs over once, sprinkle with cheese. Cover skillet and remove from heat. Place tortillas in a Ziploc bag and microwave on high for 20 seconds. Place egg in tortilla and roll up. Serve with Salsa. (serves 2)